

"The light shines in the darkness and the darkness did not overcome it." John 1:5

## From the Rector: Lift Up Your Hearts

In the secular world, February is officially "heart" month. We celebrate Valentine's Day on the 14th to show our "emotional hearts" to those we love, and The American Heart Association piggybacks on the holiday to run a big promotion urging us to take care of our "physical hearts".

In the church calendar this year, February is a month that straddles the seasons of Epiphany and Lent. Our "spiritual" hearts are lifted as we, with the disciples, recognize Jesus as the savior of the world, and they feel sadness and sorrow as Jesus begins to set his face toward Jerusalem and crucifixion.

Participating in Valentine's Day may involve a trip to the card store, a visit to a candy shop, a call to the florist and romantic dinner invitations. Taking care of our biological hearts involves exercise, eating right, getting enough rest and seeing the doctor.

It's the same with our spiritual hearts. To be in right relationship with God, ourselves and others, we have to take care of our spirits. Taking care of our spiritual hearts involves prayer, trust and action.

**Generous Hearts** Cultivating generous hearts that celebrate abundance, especially in tough economic times like these, or tough times of any kind, takes lots of prayer and a willingness to trust God. In her article "Faithful Abundance" in the January 2009 *Virginia Episcopalian* (http://www.thediocese.net/News\_services/ve/janVE09\_web.pdf), Patricia Bjorling says it is particularly important to ask the Holy Spirit for help in developing generous hearts. Her specific topic is financial stewardship, but a generous heart is equally important in other stewardship areas — for example, the gifts of time and talent God has given us and our care for the earth. Part of developing generous hearts and the ability to give to others is trusting that God will meet our needs, that we are not totally responsible for taking care of ourselves. Biblical texts — the manna in the wilderness, the feeding of the 5,000, the healing stories and so many others — all remind us of God's generosity. God's abundance can be clear in so many ways to us as we enjoy nourishing meals, good friends, fulfilling vocations and opportunities to serve one another.

**Grateful hearts** We also need to exercise our spiritual muscles to develop grateful hearts in all situations. God blesses us at so many moments during the day. Just yesterday, I was able to be thankful for a phone call from my sister that came at just the time I was needing her, for an idea that moved a project along, for a suggestion from a professional that would help my body work better, for contact from a friend when another call I was expecting did not come through and for a phone call from my brother, whom I had intended to

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#### Hearts—continued from page 1

call, but would probably have forgotten because I was so tired. God knew and sent the call my way. There are many times each day we can say thank you, and there are also those times we can offer gratitude for something we thought was awful when it happened but turned out to be a gift. Again, we have to practice and we have to trust that God has a plan for our good.

**Trusting hearts** We need to develop hearts that trust God always, but especially when situations are the most difficult. A trusting heart does not pretend a bad situation does not exist or ignore it, but knows that God's grace is sufficient. E. Glenn Hinson, in an article in the January/February 2008 issue of Weavings (www.upperroom.org/weavings) called "Impasse and the Sufficiency of Grace", talks about a time in his life when he was losing both his speech and hearing, a time when he was at his weakest. The harder he tried to fix his situation by determination and his own efforts, the faster he slid back, he said. He finally came to the conclusion that "he had to learn how to let down like a swimmer letting down into the water to discover the buoyancy that is there", rather than flailing around, tiring out and drowning. He says if we can trust enough, we'll "discover there is Someone at the heart of things who will hold us up".

We don't need to look for occasions to practice trusting hearts. Life brings plenty our way. Whether it is a physical illness, a difficult relationship, problems at work, or a financial crisis, we continue to develop trusting hearts as we remember that God's grace is sufficient even in our weakness — especially in our weakness.

**Compassionate hearts** There is so much going on in the world near us and far from us that some of us may be tempted to throw up our hands and say, "What can we do?" We can so easily "stick to our own knitting" as the old adage says and bury our heads in the sand about the rest of life. Yet we are the people of a compassionate and loving God, who numbers the hairs on our heads and gives us what we need to live. We are called to help others to meet their needs physically, emotionally and spiritually, through taking care of needs for food, clothing and shelter, listening and caring, giving our time to others and doing what we can when we can. We are called to work for justice and peace at home and abroad. We are called to pray for others in need or distress, and to trust that if we make room for the Holy Spirit, God will use us in ways we could never imagine.

**Open hearts** Finally we can work to develop open hearts that are available to God for whatever God wants to do with us. One way to work on this part of our spiritual hearts is meditation, in which we practice listening to God, making ourselves available to God on behalf of others. Meditation can be done in active ways, such as walking a labyrinth or enjoying the beauty of a nature hike or in quiet ways, such as sitting still and repeating a word or phrase or concentrating on our breathing to quiet our minds.

February is heart month. May we find special occasions this month to develop our spiritual hearts, so that God may be revealed to us in new ways and we may learn new ways of acting on God's behalf in a world full of broken hearts that need God's help through us to be mended.

#### Ann

## **Adult Formation**

Adult Formation classes in February and March will focus on two topics. The first will be setting Christian boundaries. A book called *Boundaries* by Dr. Henry Cloud and Dr. John Townsend develops the theme that God has called us to be responsible *for* ourselves and responsible *to* others. The classes will cover what boundaries look like, how they are developed, ten laws of boundaries, common boundary myths and other topics.

Later in the spring, we'll cover troublesome Bible passages and what we might learn from them.

Hopefully many adults will participate in at least some of the Region 3 Lenten program (see article on page 3), to be held in various churches on Tuesdays during Lent.

# **Spring Youth Education**

This spring our Sunday School youth will continue to minister at St. John's and to others through fair trade coffee sales and sponsoring hospitality several times during the semester. They will also work on a curriculum called Hope Lives, which is about serving the needs of those less fortunate, and to do more work on the stewardship of creation. Near Palm Sunday they hope to present a play for us. Our youth also will continue to participate through their faithful service as acolytes and readers, and they will experience a Seder around the time of Passover. If anyone is interested in helping with any of these activities, please see Ann, who will pass information on to our committed Sunday school staff.

# **Region 3 Lenten Study Begins March 3**

St. John's and the other Arlington Episcopal Churches (Region 3 of the diocese) are offering a six-week Lenten study program entitled "Soul School: A new look at basic faith questions". Each Tuesday evening study program will be held at a different church in Arlington. The series will conclude with a joint celebration of the Great Vigil of Easter on Saturday, April 11. Flyers on the Lenten series will be in the Narthex and the undercroft — please pick them up and share them.

Like the very successful Lenten study program conducted by Region 3 churches in 2008, each evening program will begin with a simple supper at 6:30 p.m., continue with programs for adults at 7:30 p.m., and conclude with Compline at 8:30. Nursery care will be provided.

St. John's will host the second of the study sessions on March 10. Absolutely everyone is invited to attend. In addition, we will need people to help with food, setup and cleanup. Watch for sign up sheets and plan to attend and help out.

The sessions for this year's Region 3 Lenten Study are:

- March 3 at St. Mary's, "Is There A God?" Speaker: The Rev. Dr. Katherine Sonderegger, Professor of Theology, Virginia Theological Seminary
- March 10 at St. John's, "Who Was Jesus?" Speaker: The Rev. Lloyd A. (Tony) Lewis, Jr., the Molly Laird Downs Professor of New Testament Theology, Virginia Theological Seminary
- March 17 at St. George's, "How Do We Know What God Wants Us To Do?" Speaker: The Rev. Margaret Guenther, St. Columba's, Washington
- March 24, St. Andrew's, "How Do I Pray?" Speaker: Liz Ward, Shalem Institute for Spiritual Formation program leader, spiritual director at Virginia Theological Seminary, and retreat/prayer group leader
- March 31, Trinity, "What About The Church?" Speaker: The Rt. Rev. Shannon Johnston, Bishop Coadjutor of Virginia
- April 7, St. Michael's, "Is There Life After Death?" Speaker: The Rev. Dr. Ian Markham, Dean, Virginia Theological Seminary
- > April 11, St. Peter's, The Great Vigil of Easter

## Using Our Gifts—Volunteer Opportunities

Many ministries at St. John's provide us the chance to use our gifts for the work of the parish, the community, and the church. For example:

The *Building and Grounds Committee* needs people who are handy and can take on routine repairs and maintenance around the church as needed. See either the junior warden, or the Building and Grounds Committee co-chairs, Don Hess and John Wilson.

*Hospitality* needs people to help with food and drink following the 10 o'clock service. Since the hospitality people work in pairs, you can split up the setup and cleanup as you want to make it more convenient for you.

*The Altar Guild* polishes everything metal used in the service and sets up the altar for the celebrant for every service. This takes one to two hours per week, usually on a Friday or Saturday. And since you work as part of a team, there is flexibility in scheduling when the work gets done and fellowship in actually getting it done.

St. John's always needs *Sunday school teachers*. You do not have to teach every week. If there is some subject or project you would like to do with the Sunday school, that would be a welcome addition to the curriculum. You can even think of yourself as an adjunct Sunday school teacher.

# LOGOS

The LOGOS is published nine times a year in February, March, April, May, July, September, October, November, and December near the beginning of the month.

Dave Dunlap, LOGOS Editor

Jane Edwards, LOGOS Editor and Page Layout

Email Dave at dave\_dunlap@yahoo.com (preferred) or leave info in newsletter box in the office.

The next deadline is Friday, February 13 at 10:00 am.

# 2009 Annual Meeting: Growing Into the Future

St. John's annual meeting was held on January 11, following the 10 o'clock service. Ann Barker reviewed what we have done in the past year, both new projects and continuing efforts. Highlights included the "Tax Day" potluck supper sponsored by the Men's Group, the Shrove Tuesday Pancake Supper, the Morning Guild Spring Tea, Speaker's Series, Shrine Mont, the Crop Walk participation by several parish members including youth, the youth group trip to Luray Caverns, food collection for AFAC, the Christmas Pageant, and St. John's participation in the Region 3 Lenten Study Series.

For 2009 Ann said that St. John's needs to focus on growth, and said that our seminarian, Anna Minor, will be working on outreach and new members.

Linda Trochim reported on 2008 finances and the 2009 budget. In 2008 St. John's wound up with a small surplus, due to pledge payments exceeding expectations and a slight reduction in expenses. She noted that the bad news in 2008 was the loss of 24% in the value of the church's investments due to losses in the stock market.

For 2009 the budget has a projected deficit of \$2,000. Linda reported that staff members who do not receive benefits will receive a 2% salary increase. Employees for whom the church provides health insurance will receive no salary increase but the church will continue to pay their full health insurance, which has gone up significantly. St. John's pledge to the diocese was reduced from 5% to 4% for 2009, after extensive vestry discussion. Pledges for 2009 were \$142,000, up \$7,000 from 2008. Linda expressed her thanks to Michael and Stephanie Bevan for their outstanding work in leading the stewardship campaign.

Bill Pritchard, the junior warden, reported that trees on the property still need extensive pruning. The boiler passed inspection and the church passed the fire marshal's inspection. Bryan Harbin has taken over the responsibility for signs and is working on replacing the signs at Carlin Springs and Route 50 and Carlin Springs and Columbia Pike. Bill reported that the steeple suffered wind damage and is also suffering from deterioration. Major work will be required to effect repairs. Bill is trying to find contractors interested in doing the work and getting them to submit bids. Estimates are running between \$5,000 and \$10,000. The meeting discussed some approaches for repairs to the painted glass panels in the steeple, originally made by Jack Turner's sons as an Eagle Scout project. Bill thanked Don Hess and John Wilson, co-chairs of the Building and Grounds Committee for their good work in 2008.

Terms of four members of the vestry expired this year: Linda Trochim, Bill Pritchard, Paul Stenger (completing Jack Turner's term) and Pamela Corey-Archer. Six candidates were on the ballot for the vestry election: Michael Beavin, Brian Cavey, Carrie Harbin, Diane Henderson, Del Hunt, and Paul Stenger. A seventh candidate, Liz White, was nominated from the floor. Each candidate gave a brief summary of his or her qualifications.

The four elected to the vestry were Michael Bevin, Brian Cavey, Del Hunt, and Liz White. In order to even out when vestry terms end, two of newly-elected will serve two-year terms, and two will serve for three years. The vestry will determine who serves which length of term. Runners-up in the balloting will be kept in reserve in case there are vacancies on the vestry during 2009.

While ballots were being counted the rector and congregation members thanked the many who volunteered their gifts to St. John's over the past year.

Ann Barker reported that the vestry had selected new trustees, since St. John's normally has three but was down to one. The trustees are Lynn Robinson (continuing), Carolyn Corlett and Chris Van Wyk (replacing Jack Turner and Cecil King).

## St. John's Hosts Shrove Tuesday Pancake Supper February 24

St. John's will host its annual Shrove Tuesday pancake supper on Tuesday, February 24 from 6:00 to 7:30 p.m. The dinner is open to all and is fun way to observe Shrove Tuesday, or *Mardi Gras*, the day before Lent begins.

Dinner features the traditional pancakes, ham, and applesauce, observing the ancient tradition of using up eggs, butter, and meat before the beginning of Lent. The men of St. John's do the cooking and serving for this meal. Prices are unchanged from last year: \$5.00 for adults and \$3.00 for children ages 6–12. Children under 6 are free.

Mark your calendar and join the fun at St. John's for a traditional pre-Lenten dinner!

## Thank you

- To Michael and Stephanie Beavin for serving as stewardship co-chairs
- To Barbara Hill, Evelyn Sullivan, Jean Harrison, Kay Wells and Betty Vertiz, who set up for our Thanksgiving pot luck and to all those who helped serve, cook and clean up
- To Betty Vertiz, for setting up our Angel Tree project and to Pamela Corey-Archer for delivering the gifts
- ➤ To Beth Fowler who directed this year's Christmas pageant, to all our actors, to our moms and dads who helped with rehearsals and pageant details and to our accompanists — Paul Petrich, Lindsay Kelly and Roger Ludwig — for helping us all enjoy the carols
- To Bill Pritchard, our pageant photographer and our animal blessing photographer (photos on St. John's table and board)
- > To Bryan Harbin, who put up our Christmas signs
- ➢ To Bryan Harbin, the altar guild, Eileen Tallent and all their helpers for putting up the wreaths and other decorations for Christmas
- To the choir, music director Lynn Robinson, and organist Carol Dunlap for providing wonderful music during the Christmas season, including Christmas Eve and Lessons and Carols
- To everyone who helped make the Christmas services such glorious occasions
- To Karen Sonnet and Amy Dunlap, guest musicians, for providing music for the 11:00 p.m. service on Christmas Eve
- To our Lessons and Carols officiant Dave Dunlap and our lesson readers Marshall Adair, Pamela Corey-Archer, Diane Henderson, Galen Henderson, Penny Hess, Don Hess, Del Hunt, Lizzie Miller, and John Wilson
- To administrative assistant Virginia Pearson for all her work getting Christmas bulletins put together
- To this year's finance committee chairman John Wilson, Linda Trochim, Barbara Hill, Jean Harrison and Bill Schenck — for its careful work on the 2009 budget
- > To senior warden Bill Thomson and junior warden

Bill Pritchard for their faithful service to St. John's

- To our outgoing vestry members for their faithful service to St. John's — Pamela Corey-Archer, Bill Pritchard, Paul Stenger, and Linda Trochim (two years as senior warden, three years on finance committee)
- To outgoing altar guild chair Barbara Hill, who has served faithfully in this position for 20 years
- To Jean Harrison for another year of service as treasurer, John Restall for his service as assistant treasurer this year and Barbara Hill for her service as pledge clerk
- To John Wilson and Don Hess for serving as building and grounds committee co-chairs for another year
- To sexton Justiniano Garay for removing the Christmas wreaths
- To Bill Schenck, who took notes for the annual meeting
- To Betty Vertiz, for serving as our Arlington Interfaith Council representative this year
- To Dave Dunlap for serving as annual council/ Region 3 delegate and Jan Hull for serving as annual Council/Region 3 alternate for the past two years
- To Carolyn Corlett, Lynn Robinson and Chris VanWyk, who have agreed to serve as trustees for the property
- To our audit committee Jeff Aitken, Penny Hess and Bill Schenck
- To Dave Dunlap for serving as LOGOS Editor and Jane Edwards for doing LOGOS page layout and serving as webmaster
- To our neighbors the Parrys at 5732 4th St. S for buying and putting 40 luminaria around the church, to another neighbor, Barry Stevens, who first introduced luminaria in the village, and finally to the Lee Clarke family for coordinating the luminaria during this season

# Congratulations

- To new vestry members Michael Beavin, Brian Cavey, Del Hunt and Liz White
- ▶ To incoming altar guild chair Eileen Tallent
- To Michael Beavin, who has been promoted to Lieutenant Colonel

## **Dates to Remember**

February 24	Shrove Tuesday Pancake Supper
February 25	Ash Wednesday
March 8	Daylight Savings Time begins
May 9	Spring Tea

## **Inauguration Trivia**

#### by Bill Schenck

Why is a Bible used in the oath? The Constitution specifies the Presidential oath but says nothing about swearing the oath on a Bible. When George Washington was inaugurated, members of Congress thought, almost as an after-thought, it would be good to have him swear on the Bible. A quick search was made and one was found.

Are the words "So Help Me God" required? No, they were added by Washington at the end of the oath. Some presidents have said them; others have omitted these words.

Is a Bible required? No, but all presidents except Franklin Pierce have taken the oath on a Bible.

## **Birthdays in February**

- 2 John Restal
- 3 Lisa Broida
- 5 Augustina Cavey
- 7 Anne Stenger
- 8 Heather Kollath
- 8 Alexis Lodsun
- 11 Jeff Petrich
- 12 Sheryl Pardo
- 16 Lynn Christopher
- 16 Amanda Eiman
- 18 Colin White
- 20 Robert Carter
- 23 Peyton Del Gallo
- 23 Carole Hunt
- 25 Michelle Aitken
- 26 Eileen Tallent
- 28 Henry Held

## **Anniversaries in February**

- 11 Keith and Kaipo McCartney
- 21 Bryan and Carrie Harbin
- 28 Bill Schenck and Lynn Christopher

## Barbara Hill Passes the Torch of Altar Guild Chair

Barbara Hill is leaving the post of head of St. John's Altar Guild after more than twenty years in that position. In addition to a personal gift to recognize her service, a plaque will be installed listing all the known past chairs of the Altar Guild.

Rector Ann Barker thanked Barbara for her service at the annual meeting, and she received a warm round of applause for her work.

Eileen Tallent has agreed to succeed Barbara as Chair of the Altar Guild.

### St. John's Book Club Reads Into the New Year

St. John's Book Club, which meets at 7:30 p.m. on the first Tuesday of each month, invites all interested readers to come and discuss good books.

Upcoming selections are:

February: *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrow

March: The Shack by William P. Young

April: *Three Cups of Tea: One Man's Mission to Promote Peace...One School at a Time* by Greg Mortenson

May: Rococo by Adriana Trigiani

Books are generally available in the public library, or in an inexpensive edition from a book store. If you have something to recommend for summer book club reading, don't miss the late spring (April or May) meeting when the book club will select its summer reading.

#### St. John's Mission Statement

To discover and share the transforming love of Christ

#### St. John's Vision Statement

St. John's is dedicated to making disciples for Jesus through

- attracting and welcoming newcomers;
- sharing faith-deepening worship, education, outreach, and pastoral care; and
- together carrying God's vision of the kingdom into the world around us.

## **Remember Food for AFAC**

The basket at the back of the church is for food to be donated to the Arlington Food Assistance Council (AFAC).

Please drop off canned food such as meat, fish, fruit, vegetables, pasta sauce, and dry goods like cereals, and pasta. Donations will be picked up regularly and delivered to AFAC.

Remember that donations must be unopened and not past their expiration date. Remember to pick up something for AFAC when you go shopping.

# **Gospel Lessons for February**

# February 1, Fourth Sunday after the Epiphany, Mark 1:21–28

In our Gospel Jesus teaches and acts with authority. His teaching was more than interpretation of the law. It was a proclamation of the new possibilities of God's reign. He backed his words with his actions. Unclean spirits recognized him and submitted to his power to deliver a man from his disorder.

#### February 8, Fifth Sunday After the Epiphany, Mark 1:29–39

Our Gospel tells of healing events which took place toward the beginning of Jesus' ministry. Peter's motherin-law is cured of a fever. Many flock to Jesus. He heals them and casts out the demons, who recognize him for who he is. A brief retreat ends because of the pressing need to continue his mission. The power of the reign of God is made manifest through his words and deeds.

### February 15, Sixth Sunday After the Epiphany, Mark 1:40–45

Our Gospel tells of the healing of a leper by Jesus and the fame that follows him. Since leprosy was a disfiguring illness that caused people to be rejected and was often considered to be the result of sin, it was an especially dreaded disease. The evangelist indicates that Jesus wished to keep such healings quiet, perhaps to avoid misunderstandings about his ministry. In addition to charging the leper to keep silence, Jesus requires him to fulfill the levitical law in response to his cure.

### February 22, Last Sunday After the Epiphany, Mark 9:2–9

Our Gospel is the story of Jesus' transfiguration. The narrative draws upon themes and symbols from Israel's past and its hopes for the future. Moses and Elijah represent the law and the prophets, whose promises Jesus fulfills. Reflected in Jesus' human person chosen disciples see divine glory. A voice from the cloud declares that he is God's beloved son.

### February 25, Matthew 6:1–6, 16–21, Ash Wednesday

In our Gospel, Jesus describes genuine charity, prayer, and fasting. For religious people the temptation is always strong to want to be recognized as full of piety more than to want honestly to be seeking God and the good of others. Praise and rewards for an outward show of religion all pass away. The real treasure is found in our relationship with God.

## St. John's Calendar

#### February

- Sun 1 Fourth Sunday After the Epiphany Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Tue 3 Vestry Meeting, 7 p.m. St. John's Book Club, 7:30 p.m.
- Wed 4 Candlelight Prayer Service, 7:30 p.m.
- Thu 5 Choir Practice, 7:30 p.m.
- Sun 8 Fifth Sunday After the Epiphany Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Wed 11 Candlelight Prayer Service, 7:30 p.m.
- Thu 12 Choir Rehearsal, 7:30 p.m.
- Sun 15 Sixth Sunday After the Epiphany Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Wed 18 Candlelight Prayer Service, 7:30 p.m.
- Thu 19 Choir Rehearsal, 7:30 p.m.
- Sat 21 Men's Fellowship, 8 a.m.
- Sun 22 Last Sunday After the Epiphany Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Wed 25 Ash Wednesday Holy Eucharist Rite II, Imposition of Ashes, 12 noon, 7:30 p.m.

#### March

- Sun 1 First Sunday in Lent Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Tue 3 Vestry Meeting, 7 p.m. St. John's Book Club, 7:30 p.m. Region 3 Lenten Program at St. Mary's
- Thu 5 Choir Rehearsal, 7:30 p.m.
- Sun 8 Second Sunday in Lent Daylight Saving Time Begins Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Tue 10 Region 3 Lenten Program at St. John's
- Thu 12 Choir Rehearsal, 7:30 p.m.
- Sat 14 Men's Fellowship, 8 a.m.
- Sun 15 Third Sunday in Lent Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Tue 17 Region 3 Lenten Program at St. George's
- Thu 19 Choir Rehearsal, 7:30 p.m.
- Sun 22 Fourth Sunday in Lent Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Tue 24 Region 3 Lenten Program at St. Andrew's
- Thu 26 Choir Rehearsal, 7:30 p.m.
- Sun 29 Fifth Sunday in Lent Holy Eucharist Rite I, 8 a.m. Christian Formation for all ages, 9 a.m. Holy Eucharist Rite II, 10 a.m. Education for Ministry, 6 p.m.
- Tue 31 Region 3 Lenten Program at Trinity

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Next deadline is Friday, February 13 at 10:00 a.m.

## **Time Sensitive Material—Please Deliver Promptly**

#### Staff

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