



# St. John's Episcopal Church

415 S. Lexington Street, Arlington, VA 22204  
The Reverend Julie D. Bryant, DMin

**Lent III, March 12, 2023, 9 am**

Typically, Episcopalians stand to sing and for the proclamation of the Gospel; kneel for confession and prayer; and sit while listening to reading or preaching. You will see some indication for those postures in the bulletin. Your presence is more precious than your posture: please stand, sit, or kneel as you are able and prefer.

**Welcome! We're glad you're here!**

*Page references are to the red Book of Common Prayer. Music is indicated by "S" for service music (front of blue Hymnal), "LEVAS" for hymns from Lift Every Voice and Sing, and "WLP" for hymns from Wonder, Love, and Praise.*

**PRELUDE** *Lenten Song*

Dennis Eliot

## THE LITURGY OF THE WORD

**HYMN 686** *Come, thou font of every blessing*

### THE OPENING SALUTATION

*Please stand as you are able*

Bless the Lord who forgives all our sins;  
**His mercy endures for ever.**

### THE COLLECT FOR PURITY

**Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.**

### KYRIE S 96

**Lord, have mercy. Lord, have mercy.  
Christ, have mercy. Christ, have mercy.  
Lord, have mercy. Lord, have mercy.  
Lord, have mercy, have mercy.**

### THE COLLECT OF THE DAY

The Lord be with you.  
**And also with you.**  
Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

**First Lesson**

A Reading from the Book of Exodus. *17:1 – 7*

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarreled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarreled and tested the Lord, saying, "Is the Lord among us or not?"

The Word of the Lord.

**Thanks be to God.**

**Psalm 95** *Venite, exultemus*

1 Come, let us sing to the Lord; \*  
let us shout for joy to the Rock of our salvation.

**2 Let us come before his presence with thanksgiving \*  
and raise a loud shout to him with psalms.**

3 For the Lord is a great God, \*  
and a great King above all gods.

**4 In his hand are the caverns of the earth, \*  
and the heights of the hills are his also.**

5 The sea is his, for he made it, \*  
and his hands have molded the dry land.

**6 Come, let us bow down, and bend the knee, \*  
and kneel before the Lord our Maker.**

7 For he is our God,  
and we are the people of his pasture and the sheep of his hand. \*  
Oh, that today you would hearken to his voice!

**8 Harden not your hearts,  
as your forebears did in the wilderness, \*  
at Meribah, and on that day at Massah,  
when they tempted me.**

9 They put me to the test, \*  
though they had seen my works.

**10 Forty years long I detested that generation and said, \***  
**"This people are wayward in their hearts;**  
**they do not know my ways."**

11 So I swore in my wrath, \*  
"They shall not enter into my rest."

## **Second Lesson**

A Reading from the Letter of Paul to the Romans. 5:1 - 11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person-- though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

The Word of the Lord.  
**Thanks be to God.**

**HYMN 343** *Shepherd of souls, refresh and bless*

## **THE HOLY GOSPEL**

***Stand as able***

The Holy Gospel of our Lord Jesus Christ according to John. 4:5 - 42  
**Glory to you, Lord Christ.**

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshiped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father seeks such as these to

worship him. God is spirit, and those who worship him must worship in spirit and truth.” The woman said to him, “I know that Messiah is coming” (who is called Christ). “When he comes, he will proclaim all things to us.” Jesus said to her, “I am he, the one who is speaking to you.” Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, “What do you want?” or, “Why are you speaking with her?” Then the woman left her water jar and went back to the city. She said to the people, “Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?” They left the city and were on their way to him. Meanwhile the disciples were urging him, “Rabbi, eat something.” But he said to them, “I have food to eat that you do not know about.” So the disciples said to one another, “Surely no one has brought him something to eat?” Jesus said to them, “My food is to do the will of him who sent me and to complete his work. Do you not say, ‘Four months more, then comes the harvest’? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, ‘One sows and another reaps.’ I sent you to reap that for which you did not labor. Others have labored, and you have entered into their labor.” Many Samaritans from that city believed in him because of the woman’s testimony, “He told me everything I have ever done.” So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Savior of the world.”

The Gospel of the Lord.

**Praise to you, Lord Christ.**

THE SERMON

The Rev. Julie D. Bryant

THE NICENE CREED

*Stand as able*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.**

**Through him all things were made.  
For us and for our salvation  
he came down from heaven  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.**

**For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.**

**On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.**

**He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.**

**With the Father and the Son he is worshiped and glorified.**

**He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

**THE PRAYERS OF THE PEOPLE Form III**

Father, we pray for your holy Catholic Church;  
**That we all may be one.**

Grant that every member of the Church may truly and humbly serve you;  
**That your Name may be glorified by all people.**

We pray for all bishops, priests, and deacons;  
**That they may be faithful ministers of your Word and Sacraments.**

We pray for peace and for all who govern and hold authority in the nations of the world;  
**That there may be justice and peace on the earth.**

Give us grace to do your will in all that we undertake;  
**That our works may find favor in your sight.**

Have compassion on those who suffer from any grief or trouble;  
**That they may be delivered from their distress.**

Give to the departed eternal rest;  
**Let light perpetual shine upon them.**

We praise you for your saints who have entered into joy;  
**May we also come to share in your heavenly kingdom.**

Let us pray for our own needs and those of others.

*Our prayer list is offered at this time.*

Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. **Amen.**

**THE PEACE**

The peace of the Lord be always with you.  
**And also with you.**

*The people remain in place to greet one another in the name of the Lord.*

**ANNOUNCEMENTS**

**OFFERTORY MUSIC** *Grace Flowering*

Richard Blake

**DOXOLOGY 380, V 3**

**Praise God from whom all blessings flow;  
Praise Him, all creatures here below;  
Praise Him above, ye Heavenly host:  
Praise Father, Son, and Holy Ghost.**

## THE GREAT THANKSGIVING

The Lord be with you.  
**And also with you.**

*Standing, seated or kneeling*

Lift up your hearts.  
**We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give God thanks and praise.**

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. **Through Jesus Christ our Lord; who was tempted in every way as we are, yet did not sin. By his grace we are able to triumph over every evil, and to live no longer for ourselves alone, but for him who died for us and rose again.** Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

### SANCTUS S 130

**Holy, holy, holy Lord, God of power and might,  
Holy, holy, holy Lord, God of power and might,  
Heaven and earth are full, full of your glory.  
Hosanna in the highest. Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest. Hosanna in the highest.**

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

**We remember his death,  
We proclaim his resurrection,  
We await his coming in glory;**

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with John, Patrick and all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

### THE LORD'S PRAYER

*Stand as able*

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,  
hallowed be thy Name,  
thy kingdom come,  
thy will be done,  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those  
who trespass against us.  
And lead us not into temptation,  
but deliver us from evil.  
For thine is the kingdom,  
and the power, and the glory,  
for ever and ever.  
Amen.**

### THE BREAKING OF THE BREAD

Christ our Passover is sacrificed for us;  
**Therefore let us keep the feast.**

### AGNUS DEI S 164

**Jesus, Lamb of God: have mercy on us.  
Jesus, bearer of our sins: have mercy on us.  
Jesus, redeemer, redeemer of the world:  
give us your peace, give us your peace.**

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

*Communion is distributed with these words*

The Body (and Blood) of our Lord Jesus Christ keep you in everlasting life.

**COMMUNION MUSIC** *Come Unto Jesus*

James L. Rasmussen

Let us pray.

**Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

### THE BLESSING

THE DISMISSAL

Let us go in peace, to love and serve the Lord.  
**Thanks be to God.**

POSTLUDE *Trumpet Tune*

Gordon Young

PARTICIPANTS

The Reverend Julie D. Bryant, DMin, Rector  
Lynn Robinson, Minister of Music • Judith Marcinko, Organist  
Carol Dunlap, Guest Organist  
Eileen Tallent, Reader  
Barbara Olivere, Intinction Cup Bearer  
Carrie Harbin, Altar Guild  
Peter Olivere, Sound and Live-stream Coordinator

~~~~~

**Live-Stream Worship Continues on Sundays.** We continue to use the following Zoom access link: <https://uso2web.zoom.us/j/87353789589?pwd=OWlmaElNYnpDZ1N2ZVFswDNIkoZDUTo9> and Meeting ID: 873 5378 9589. The password is still 2020. Any other information remains the same. If you can't copy the link, go to [zoom.com/join](https://zoom.com/join) and enter Meeting ID: 873 5378 9589 and Password: 2020. *If you don't have Zoom on your device you will need to do that prior to the service.*

ANNOUNCEMENTS

**Welcome:** We extend a warm welcome to all our visitors and newcomers. All who seek God and a deeper life in Christ are welcome to receive Holy Communion. Or you may come forward and receive a blessing.

**Let's begin in silence.** The parlor is available for socializing before worship, and you are encouraged to make use of it to catch up with one another. This allows the sanctuary to be a quiet space for those who wish to pray or prepare themselves to read and gives the prelude its due attention as an invitation to worship.

**St. John's Book Club** has changed the day of their meeting for the month of March only. The meeting will be on Tuesday, **March 14** at 7:30 pm on Zoom. They are reading *Language of Bees* by Laurie R. King. Everyone is invited to attend, even those who haven't read the book. This is a social gathering.

**Worship in the time of Covid 19.** We encourage wearing masks. Please continue to exercise good judgment and sensitivity during your time in Church. Please do not ask those who continue to wear masks why this is the case; and respect any wish for distance. Please continue to wave as a means of **Passing the Peace**. Communion will be in both forms using an intinction cup, and the celebrant will wear a mask for the distribution of the Sacrament.

**Barbara Olivere maintains our common Prayer List**, and sends cards to people who are ill, as well as birthday cards and anniversary cards. Please communicate with her at [prayers@stjohnsarlingtonva.org](mailto:prayers@stjohnsarlingtonva.org). If you are able to share in this ministry, please be in touch with the Rector or Barbara, as keeping in contact with one another is particularly important to those unable to be with us in worship.

**Emergency Pastoral Care.** For pastoral emergencies please call or text the Reverend Julie D. Bryant at 703-336-2255. Her email address is [rector@stjohnsarlingtonva.org](mailto:rector@stjohnsarlingtonva.org).

**St. John's position on racism** can be found on the home page of our website, [www.stjohnsarlingtonva.org](http://www.stjohnsarlingtonva.org).



**Rev. Bryant also serves as Rector of St. Patrick's Episcopal Church in Falls Church.** They celebrate their Sunday service at a 11 am where you are welcome to attend. The church is located at 3241 Brush Drive, Falls Church, VA 22042. Their website is [www.saintpatricks.us](http://www.saintpatricks.us) Their YouTube Channel carries their services live as well as past weeks. The channel is <https://www.youtube.com/user/StPatsEpiscopal>.

### ***LENT 2023 Schedule***

***Lenten Study: Book of Psalms***, Wednesdays: noon at St. Patrick's, 6:30 pm at St. John's.

***Stations of the Cross***, Sundays, 6:30 pm: March 12 at St. John's, March 19 at St. Pat's, March 26 via Zoom.

***Maundy Thursday***, noon at St. Patrick's and 6:30 pm at St. John's. We will gather for a simple meal and readings, of tending each other by following Jesus' practice of foot-washing, and then stripping of the altar that symbolizes his arrest and imprisonment. In-Person and accessible online.

***Good Friday***. Church will be open from 11 am until sunset. We will gather to pray through the Solemn Collects, and to venerate the Cross which was the means of Our Lord's death. St. Patrick's at noon. St. John's at 6:30 pm. In-Person and accessible online.

***Easter Morning***. Worship at 9 am at St. John's and 11 am at St. Patrick's, with Coffee Hour to follow at each church. In-Person and accessible online.