

St. John's Episcopal Church

415 S. Lexington Street, Arlington, VA 22204

The Second Sunday After Pentecost

June 22, 2025 9:00 a.m.

Typically, Episcopalians stand to sing and for the proclamation of the Gospel; kneel for confession and prayer; and sit while listening to reading or preaching. Your presence is more precious than your posture: please stand, sit or kneel as you are able and as you prefer.

Welcome! We're glad you're here!

Hymns listed with number only are found in the blue Hymnal 1982; those with "S" before the number are found at the front of the Hymnal. "LEVAS" identifies hymns from Lift Every Voice and Sing, and "WLP" denotes hymns from Wonder, Love, and Praise.

The Holy Eucharist

Prelude Praise to the Lord, the Almighty

The Liturgy of the Word

Hymn 372 Praise to the Living God

Blessed be the one, holy and living God.

Glory to God for ever and ever.

Gloria S-280

Collect of the day

God be with you.

And also with you.

Let us pray.

O Lord, make us have perpetual love and reverence for your holy Name, for you never fail to help and govern those whom you have set upon the sure foundation of your loving-kindness; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

First Lesson

A Reading from the First Book of Kings. *19:1-15a*

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, "So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow." Then he was afraid; he got up and fled for his life, and came to Beer-sheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank,

and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God. At that place he came to a cave, and spent the night there.

Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away."

He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus."

Hear what the Spirit is saying to the Churches.
Thanks be to God.

Psalm 42

As the deer longs for the water-brooks, *
so longs my soul for you, O God.

**My soul is athirst for God, athirst for the living God; *
when shall I come to appear before the presence of God?**

My tears have been my food day and night, *
while all day long they say to me,
"Where now is your God?"

**I pour out my soul when I think on these things: *
how I went with the multitude and led them into the house of God,**

With the voice of praise and thanksgiving, *
among those who keep holy-day.

**Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?**

Put your trust in God; *
for I will yet give thanks to him,
who is the help of my countenance, and my God.

**My soul is heavy within me; *
therefore I will remember you from the land of Jordan,
and from the peak of Mizar among the heights of Hermon.**

One deep calls to another in the noise of your cataracts; *
all your rapids and floods have gone over me.

**The Lord grants his loving-kindness in the daytime; *
in the night season his song is with me,
a prayer to the God of my life.**

I will say to the God of my strength,
"Why have you forgotten me? *
and why do I go so heavily while the enemy oppresses me?"

**While my bones are being broken, *
my enemies mock me to my face;**

All day long they mock me *
and say to me, "Where now is your God?"

**Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?**

Put your trust in God; *
for I will yet give thanks to him,
who is the help of my countenance, and my God.

Psalm 43

Give judgment for me, O God,
and defend my cause against an ungodly people; *
deliver me from the deceitful and the wicked.

**For you are the God of my strength;
why have you put me from you? *
and why do I go so heavily while the enemy oppresses me?**

Send out your light and your truth, that they may lead me, *
and bring me to your holy hill
and to your dwelling;

**That I may go to the altar of God,
to the God of my joy and gladness; *
and on the harp I will give thanks to you, O God my God.**

Why are you so full of heaviness, O my soul? *
and why are you so disquieted within me?

**Put your trust in God; *
for I will yet give thanks to him,
who is the help of my countenance, and my God.**

The Epistle

A Reading from Paul's Letter to the Galatians. 3:23-29

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

Hear what the Spirit is saying to the Churches.
Thanks be to God.

Gradual Hymn 679 Surely it is God who saves me

The Holy Gospel

The Holy Gospel of our Lord Jesus Christ according to Luke. 8:26-39
Glory to you, Lord Christ.

Jesus and his disciples arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, "What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me" -- for Jesus had commanded the unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, "What is your name?" He said, "Legion"; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, "Return to your home, and declare how much God has done for you." So he went away, proclaiming throughout the city how much Jesus had done for him.

The Gospel of the Lord.
Praise to you, Lord Christ.

Homily

The Nicene Creed

Celebrant and People

**We believe in one God
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven;
by the power of the Holy Spirit
he became incarnate from the Virgin Mary
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,**

and his kingdom will have no end.

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

Let us pray.

We pray for the peace and unity of the Church of God, that all who know Christ may praise his name and serve the world by his grace. Lord of life, **let your will be done.**

For the leaders of all the Churches, and especially the leaders of our own Church, that the shepherds of Christ's flock may lead us with wisdom and gentleness. Lord of life, **let your will be done.**

For the leaders of the nations, that they might use the powers entrusted to them to build and not destroy, gather and not scatter. Lord of life, **let your will be done.**

For the lonely, the lost, and the hopeless in our community, that they may find comfort and that we may see in them the image of Christ. Lord of life, **let your will be done.**

For those in our community and throughout our region who struggle with addiction, that our concern for them may grow into Spirit-filled action. Lord of life, **let your will be done.**

For the sick, those who travel, those in any trouble, and all for whom our prayers are asked, especially:
(Names will be read aloud, and are invited to be spoken or prayed silently by the congregation.)
that they may draw strength from our prayers and actions. Lord of life, **let your will be done.**

For our partners in mission, including St. Patrick's, Falls Church. Lord of life, **let your will be done.**

For all who have died, especially:

(Names will be read aloud, and are invited to be spoken or prayed silently by the congregation.)
that they may have peace, and that we may worship with them in the communion of saints. Lord of life, **let your will be done.**

Celebrant concludes

Almighty God, to whom our needs are known before we ask: Help us to ask only what accords with your will; and those good things which we dare not, or in our blindness cannot ask, grant us for the sake of your Son Jesus Christ our Lord. **Amen.**

Confession of Sin

Let us confess our sins to God.

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done, and the evil done on our behalf.**

**Forgive, restore, and strengthen us through our Savior Jesus Christ,
that we may abide in your love and serve only your will. Amen.**

Almighty God have mercy on you, forgive you all your sins through the grace of Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Peace

The peace of Christ be always with you.
And also with you.

Offertory Music

Doxology, Hymn 380, v 3, Old 100th

**Praise God from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.**

The Great Thanksgiving

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give God thanks and praise.

It is right and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth. But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus S-125

Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people.

Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the

forgiveness of sins. Whenever you drink it, do this for the remembrance of me.” Therefore we proclaim the mystery of faith:

**Christ has died.
Christ is risen.
Christ will come again.**

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ’s Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with John, Patrick, and all your saints, past, present, and yet to come, we may praise your Name for ever. Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

The Lord’s Prayer

And now, as our Savior Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

Agnus Dei S-164

Christ our Passover is sacrificed for us;
Therefore let us keep the feast.

The Gifts of God for the People of God. Take them in remembrance that Christ died for you, and feed on him in your hearts by faith, with thanksgiving.

Intinction and drinking from the common cup are both offered; the Bread and the Cup are distributed with these words

The Body (and Blood) of our Lord Jesus Christ keep you in everlasting life.

Communion Music 335 I am the bread of life *verses 1, 4, 5*

Post-Communion Prayer

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Holy eternal Majesty, Holy incarnate Word, Holy abiding Spirit, Bless you for evermore. **Amen.**

Hymn You who dwell in the shelter of the Lord *verse 1 only*

Dismissal

Go in peace to love and serve the Lord.

Thanks be to God.

Postlude Hymn 182 Christ is Alive (*Instrumental*)

Serving Today

Rev. Stephen Shepherd, Supply Priest
The Reverend Julie D. Bryant, DMin, Rector
The Reverend Mary E. Cushing, Deacon
Lynn Robinson, Minister of Music • Lynn Robinson, Usher
Faye Pritchard, Altar Guild • Patricia Broida, Reader
Barbara Olivere, Prayers of the People • Patricia Broida, Lay Eucharistic Minister
Bill Pritchard, Teller • Sandy Winger, Fellowship
Pete Olivere and Sandy Winger, Sound and Live-stream Coordinators

Announcements

Next Sunday - June 29 10 am Joint Service at St. Patrick's—During fellowship, after the service, the two vestries will share with the congregations the plans for joint activities for the remainder of 2025. St. John's has primary responsibility for refreshments, so some help will be needed.

Clergy for June 22 – The Reverend Stephen Shepherd will be our supply clergy this week.

Breathing Space Schedule Our Sunday evening Breathing Space offering continues, meeting on the third Sunday of the month. Gathering in the Parlor at 6 pm, our conversation will meander along with the Spirit, then we'll pray Compline at 8, and wish each other Peace until we meet again. Upcoming dates: July 20, August 17, September 21.

Reading over the Summer St. John's book club is on its summer hiatus, but that is no excuse for not reading. September's selection is *Waking Up White* by Debby Irving. Read it over the summer and be ready for the discussion in September!

Baby food drive for AFAC. As many of us celebrate parenthood during the months of May and June, let's also remember parents who struggle to care for their children. Please bring in donations of baby food from now through June 22nd. Contributions can be left in the box in the back of the church. Deacon Mary will deliver them to AFAC later that week.

Shrine Mont programs are open to all. Shrine Mont is a diocesan center in the Shenandoah Valley that many have visited as part of a parish retreat. What's less well known is that Shrine Mont hosts numerous other events that anyone can sign up for on their own, independent of their parish. Go to <https://www.shrinemont.com> to learn more and to sign up for its monthly newsletter.

Barbara Olivere maintains our common Prayer List, and sends cards to people who are ill, as well as birthday cards and anniversary cards. Please communicate with her at prayers@stjohnsarlingtonva.org. If you are able to share in this ministry, please be in touch with the Rector or Barbara, as keeping in contact with one another is particularly important to those unable to be with us in worship. There is also a clipboard at the rear of

the church on Sunday mornings where you can enter names of individuals to be remembered during prayers of the people

Clergy Contacts: Pastoral Care and other inquiries Calls are most welcome, especially if the clergy can be of help pastorally, or to explore ministry opportunities. Please call or text the Rector, the Rev Julie D. Bryant at 703-336-2255; her email address juliedianebyrant@gmail.com. You can reach Deacon Mary E. Cushing at 703-772-7457 or deaconmaryc@gmail.com.

The clergy also serve St. Patrick's, Falls Church where the Sunday service is at 11 am The St. Patrick's is located at 3241 Brush Drive, Falls Church, VA 22042; their website is www.saintpatricks.us; and YouTube channel www.youtube.com/user/StPatsEpiscopal.

AFAC Bulk Food Packing On the second Friday evening of every other month, a group from St. John's spends an hour at the Arlington Food Assistance Center bagging food. Our next Friday evening session will be July 11th. Contact Bill Pritchard on 703-931-2168 if you would like to join in this ministry to help our neighbors in need of food.

Little Free Food Pantry Thank you to all who have been supporting the LFFP with your donations. If shopping for items is difficult, our website includes a link to contribute funds on-line. Items that are regularly in high demand include canned protein (tuna or chicken), cereal (both cold and oatmeal), ready-to-eat meals (such as Beef-a-roni), ready-to-eat soup, pasta, spaghetti sauce, shelf-stable milk, water, dry lentils and beans, plain rice, peanut butter, and crackers.(but no glass containers, please and no more canned beans for a while). More information on the website stjohnsarlingtonva.org

Live-Stream Worship Zoom access link:
<https://us02web.zoom.us/j/87353789589?pwd=OWlmaElNYnpDZ1N2ZVFhSWdDNiK0ZDUT09> and Meeting ID: 873 5378 9589. Password: 2020.
Or, [zoom.com/join](https://zoom.us/join) Meeting ID: 873 5378 9589 and Password: 2020.

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415 South Lexington Street, Arlington, VA 22204
703 671-6834
The Reverend Julie D. Bryant, Rector 703 336-2255
The Reverend Mary E. Cushing, Deacon 703 772-7457