

Please Remember Those in Need This Thanksgiving “From Our Altar to Their Tables”

This Thanksgiving St. John’s is collecting bags of food donations for AFAC through **Sunday November 21**.

- Pick up your bag to be filled at the back of the church or from the church office, or call Faye Pritchard, 703-931-2168.
- Choose from the list below to fill your bag.
- Return your filled bag inside the church or to the Pritchards’ porch, 5713 5th Street South, a half-block from the church.
- The donations will be blessed at the service on Sunday November 21.

- Or make out a check to AFAC to provide a Thanksgiving meal for AFAC families. The instructions are below.

The AFAC Thanksgiving Shopping List

Low-sugar cereal	Canned tomatoes
Canned tuna	Canned fruit
Canned soups	Peanut butter (in plastic jars)
Canned vegetables	Cooking oil
Dried spaghetti (not canned)	Canned milk
Condiments: Salsa, ketchup, mustard, mayonnaise, salt and pepper	
Seasonings: Brown and cane sugar, poultry seasoning, sage, ginger, vanilla extract, other spice	

No canned pumpkin or cranberry sauce, please. AFAC always gets more than enough. When choosing items, please look for those that are low sodium, no salt added, no sugar added, unsweetened, etc. No glass jars.

To Donate Thanksgiving Meals

You can also write a check to support AFAC clients this Thanksgiving season. As a guide, a \$25 donation will provide a Thanksgiving meal for one family.

Make your check out to AFAC. You can send it directly to AFAC at 2708 South Nelson Street, Arlington, VA 22206, or you can send it to the church to be forwarded.

“Most merciful God, who has fed us with the life of Jesus Christ, grant that we might reach out our hands in love for others in need with these gifts, which we return from our bounty as partners in the Gospel for the work of St. John’s Church.” Amen.